



NO-SPEND CHALLENGE

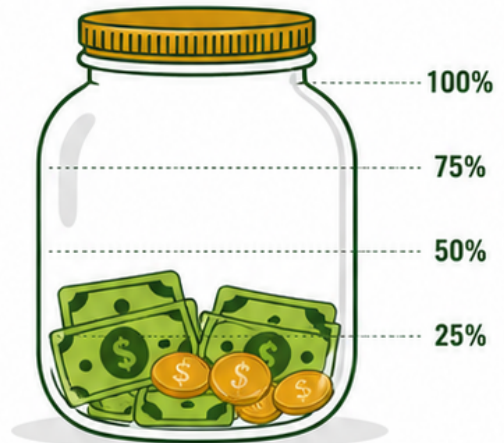


★ EVERY DAY YOU DON'T SPEND, YOU SAVE MORE! ★

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

SMALL CHOICES
— **BIG** —
SAVINGS
\$

MONEY YOU
CHOOSE NOT
TO SPEND,
SAVES YOU!



NOTES

- WHAT I SKIPPED TODAY: _____
- WHAT I SKIPPED TODAY: _____